



Mountain Walk on Pen-y-Fan range (CF48 2UT)

CLIENT INFORMATION PACK



This exhilarating activity will see you walking ridges and scaling the highest mountains in southern England and Wales. During the walk, you will experience fantastic views and our guides will point out stunning geographic features. Groups will have a chance to learn to map read and use a compass during the day.

Mountain walks are suitable for aged 8 upwards, with a range of routes to suit most capabilities. Please note that the mountain routes and paths at this location pose a challenge, and require a 'normal' level of mobility and fitness. Walks are best enjoyed from March to October.



MEETING POINT / ACTIVITY LOCATION

Carpark in Taf Fechan Forest. Off the road between Dolygaer and Talybont, CF48 2UT
(Please note postcode will not take you to exact location but to point marked with yellow dot)

From the Heads of the Valley Road (A465) & Merthyr Town Centre, follow signs for Trefechan, Pontistcill then follow signs for Talybont-on-Usk. You will drive along the edge of two large (linked) reservoirs, turning left away from the first one to join the second (junction signed Talybont). After you leave the second reservoir, and on junction with a small central triangle, head straight on rather than taking the right turn steeply downhill. Follow the road, ignore the parking on the right (immediately after the bridge), and park in the carpark on the left 900m further up the road.

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ACCESS, PARKING, TOILETS & CHANGING

Parking is free. As it is public and unmonitored, we do not advise that you leave valuables in the vehicles.

Please note that there are no toilets at the parking site, or on the mountain routes.

The walks at this location are not suitable for wheelchairs or those with poor mobility.
Please contact us for alternative venues should your group require easier access.

EQUIPMENT LIST

You will need to bring the following equipment with you.

You will need to carry a small rucksack with your personal items, food and spare clothing. We do not recommend you bring electronic devices and cameras onto activities as they are easily damaged by knocks. Our instructors cannot take any responsibility for these items, even if you ask them to store it for you.

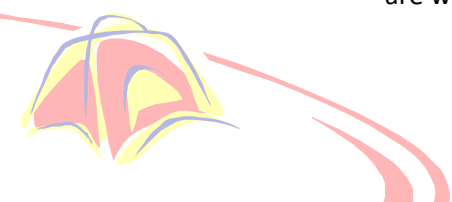
- Please wear comfortable (non cotton) clothes allowing full movement. (tracksuit not jeans)
- Walking shoes / boots are required for this location
- Waterproof jacket as protection from both the rain and wind
- Waterproof trousers
- Small rucksack to carry equipment
- Spare warm top
- Warm hat and gloves (useful on a windy and wet day all year round)
- Sun Hat, Sun Glasses and Sun cream
- Bottle of Drink (2 litres)
- Snack and packed lunch if a day activity
- Medical / Consent form
- Personal medication



GROUP SIZES

We normally operate with a ratio of 1 instructor to max 12 persons.
Where groups are larger than this a second adult / instructor will be provided by the company.

We normally expect one adult, operating with a duty of care, to accompany the group when we are working with under 18s. Please contact us if this is not the case.



WET WEATHER PLAN

The activity normally runs 'come rain or shine'. The routes taken and the height climbed will depend on the weather.

Should it not be possible to provide the booked activity, School Camp Ltd will provide an alternative activity. Any alternative option will, wherever possible, have the same challenge and sense of adventure as those they replace, and if the alternative activity is of a higher cost, then you will not be charged more. Please note that any change of programme, based on safety grounds, will not be considered a breach of contract.

MEDICAL / CONSENT FORMS

You will be required to complete a medical / consent form before you can undertake the activity.

This information provides us with the information to tailor your session, taking into consideration any medical conditions you or your group may have. The same form states that you understand and accept the nature of the activity and any associated risks.

All forms can be completed online and can be found in the "forms for Teachers, School & Groups" section of our website. This can be accessed by following this link: <https://www.schoolcamp.co.uk/forms-teachers-school-groups/>

- 1) **Completed online booking form - Due at the time of booking**
- 2) **Group consent & Final Information Form, accompanied by student list** (if you do not have your own activity consent forms then you can use our individual template to collect the required information) - **Due 10 working days / 2 weeks before your event**

The consent & Final Information form provides us with permission for individuals to participate in the event and provides us with a medical background, dietary requirements and informs us of your male and female split. This information will ensure that the correct food and equipment is brought to the event, and enables us to support you during the event. In addition, it authorises us to provide any emergency assistance you may require.

INSURANCE & REGULATIONS EFFECTING THIS PROGRAMME

Insurance Policy

It is always reassuring to know that we have a comprehensive and outdoor activity specific insurance policy issued by Activities Industry Mutual. This provides public liability and product insurance of up to £10,000,000, which is above the industry standard.

You can download our Insurance certificate from the teacher downloads section of our website.

Personal Insurance

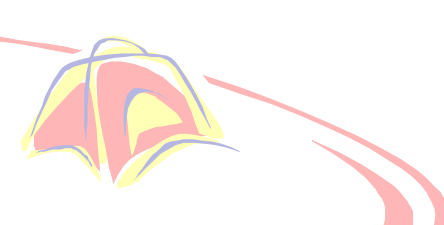
Insurance against personal loss resulting from the loss of possessions, or financial loss resulting from your cancellation due to ill health, delayed transport arranged by you, extreme weather is not included or provided by the company.

We recommend that all customers take out an adequate insurance policy that will cover the full cost of their booking in the case of cancellation and that covered the value of the possessions to be brought on the trip.

Adventurous Activities Licence – AALA

School Camp Ltd holds Adventurous Activity licence (AALA) issued by the Health and Safety Executive (HSE). Our licenced activities include; Kayaking, Open Canoeing, Improvised rafting, Rock climbing, Abseiling, Gorge Scrambling, Coast steering, Orienteering, Hill Walking & Mountaineering, and Off Road Cycling.

You can download a copy of our AALA licence from the teacher downloads section of our website or you can check our licence on the HSE website via this link www.aals.org.uk/aals/provider_detail.php?ref_no=R1911



Risk Assessments and Managing Risk

Every activity we provide is fully risk assessed to the best of our ability. We risk assess each location and activity and provide the necessary equipment and run the activity in a way that minimised the risk to the individual. In addition, dynamic risk assessments are completed continually throughout our events by our qualified staff. There is always a small risk when spending time and participating in activities outdoors. Students have been known to get blisters and small cuts and grazes and these are swiftly dealt with by our instructors. Parents should be made aware of the nature of the activities to be undertaken so that they understand the risk. You can download our risk assessment pack from the teacher downloads section of our website.

Learning Outside the Classroom Accreditation

School Camp Ltd is accredited with a Learning Outside the Classroom (LOTC) quality badge. This independent inspection process verifies the procedures the company has in place as well as the quality of the educational programmes we deliver. More information about the quality mark can be found at <http://lotcqualitybadge.org.uk/>

ACCEPTANCE OF RISK

There is always an element of risk when spending time and participating in adventures outdoor activities. Participants have been known to get minor rope burns, as well as small cuts, bruises and grazes. These minor injuries are considered normal and are swiftly dealt with by our instructors.

Parents / participants should be made aware of the nature of the activities to be undertaken so that they understand the risks of the activity before providing their participant consent.

